

WHAT'S IN A COLOR?

White and Yellow courses are for beginners and small groups.

WHITE is extremely safe, keeping you on or very very close to the trails. On this course you will learn the rudiments of Orienteering controls, clue sheets and punching. It may seem simple, but take time to study the features on the map. What is that small yellow area? That x? etc, so when you move to Yellow you will be prepared

LAOC requires newcomers to do one of the beginner courses. You may go out a second time, on same map for not extra cost (new maps \$2)

Intermediate course - Orange.

Any newcomer must get Meet Director's approval before venturing on an Orange Course

The ORANGE course offers navigational challenges but within a 'safe' environment. Attack features will be close by and strong, and catching features obvious. This course is the one to hone your techniques. It is suggested you stay in Orange until you are consistently in the top three. ORANGE is a terrific place to learn cross-country navigation techniques and map-reading.

Advanced Courses (Brown, Green, Red and Blue)

Challenging navigation for the very experienced orienteer, requiring precision skills and techniques to navigate in areas of very intricate features, make difficult route choices and recognize fine attack points and catching features.

The Advanced color choices (Br, G, R and Bl) offer different degrees of physical challenge, but all advanced courses require same navigational ability.
